

Name: **William D. Roberts**

DOB: **19-Dec-54** Age: **56**

ID: **008**

Sex: **M** Height: **180 cm**

Race: **W** Weight: **100.45 Kg**

BMI: **31.0**



Smoker: **N** Pack years: **N/A**

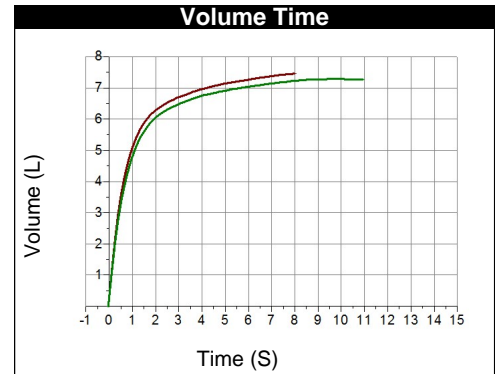
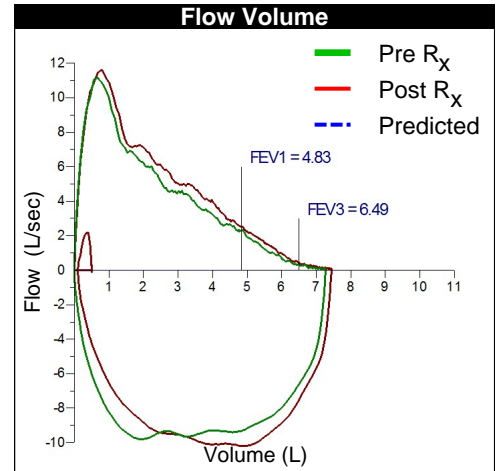
Student: **Patrick Morgan**

Faculty: **Colin D. Chapman, M.D.**

Pulmonary Function Testing Data

Dynamic Spirometry

		Pre			Post		
		Predicted	Actual	% Pred	Actual	% Pred	% Change
FVC	L	4.87	7.27	149	7.45	153	2
FEV ₁	L	3.77	4.83	128	5.11	136	6
FEV ₁ / FVC	%	78	66	----	69	----	--
FEF ₂₅₋₇₅ [ISO]	L/s	----	3.16	----	3.67	----	16
PEFR	L/s	----	11.17	----	11.64	----	4
PIFR	L/s	----	9.81	----	10.19	----	4
FET	sec	----	10.97	----	8.02	----	-27
V [EXT]	L	----	0.11	----	0.11	----	0
MVV	L/m	131.9	196.6	149	----	----	--



Cardiopulmonary Exercise Data

Cardiopulmonary Exercise Summary

Spirometry	Units	Predicted	Measured	% Pred
FVC	(L)	4.87	7.27	149
FEV1	(L)	3.77	4.83	128
MVV	(L/min)	131.9	196.6	149

Resting Data

Heart Rate	(bpm)	80
SpO2	(%)	----
Systolic BP	(mmHg)	----
Diastolic BP	(mmHg)	----

Exercise Duration: **6.69 Min**

Peak Cardiovascular Responses

Parameter	Units	Predicted	Measured	% Pred
VO2	(ml/kg/min)	33.59	30.3	90
VO2	(L/min)	2.74	3.04	111
VCO2	(L/min)		3.04	
Work	(Watts)	209	197	94
Anaerobic Threshold (AT)	(L/min)	> ----	2.01	
AT (% Predicted Max VO2)	(L/min)	> 126%	73	
Heart Rate	(bpm)	163	129	79
O2 Pulse	(mL/beat)	17.56	23.6	134
Systolic BP (Max)	(mmHg)	----	----	----
Diastolic BP (Max)	(mmHg)	85-105	----	----
Heart Rate Reserve	(bpm)	<15	34	

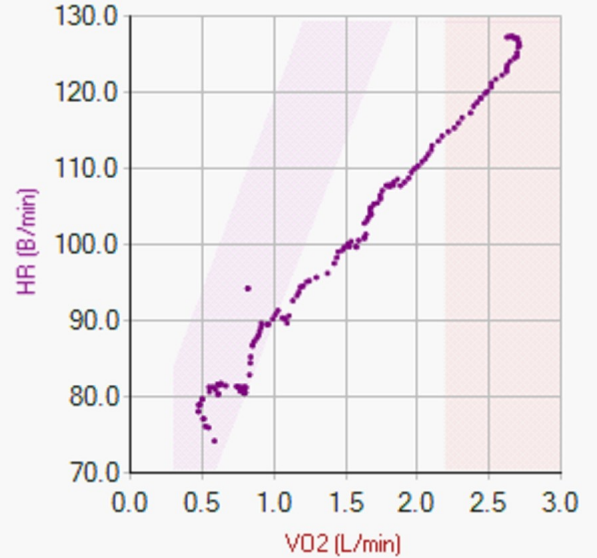
Peak Ventilatory Responses

VE Max	(L/min BTPS)	092.4	102.8	111
Tidal Volume (VT)	(L)	----	4.05	
Respiratory Rate (RR)	(Breaths/min)	<50	25	
Breathing Reserve	(%)	20-40	87	

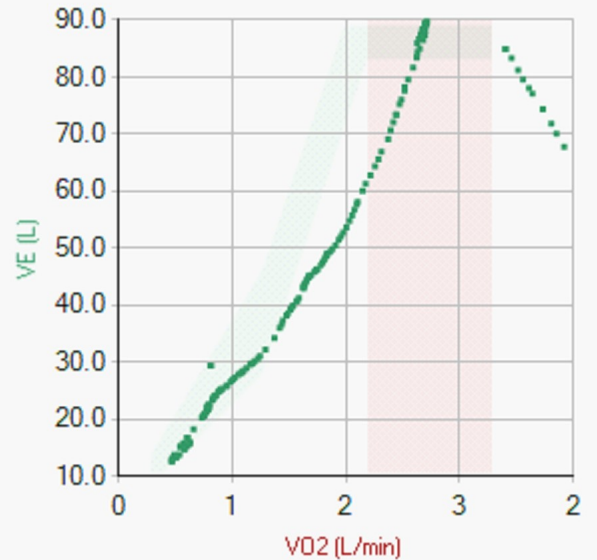
Gas-Exchange Responses

VE/VO2 @ AT		27
VE/VCO2 @ AT		29
Respiratory Quotient (Peak)	1.1-1.3	1.00
SpO2 @ Peak		----

HR vs VO2



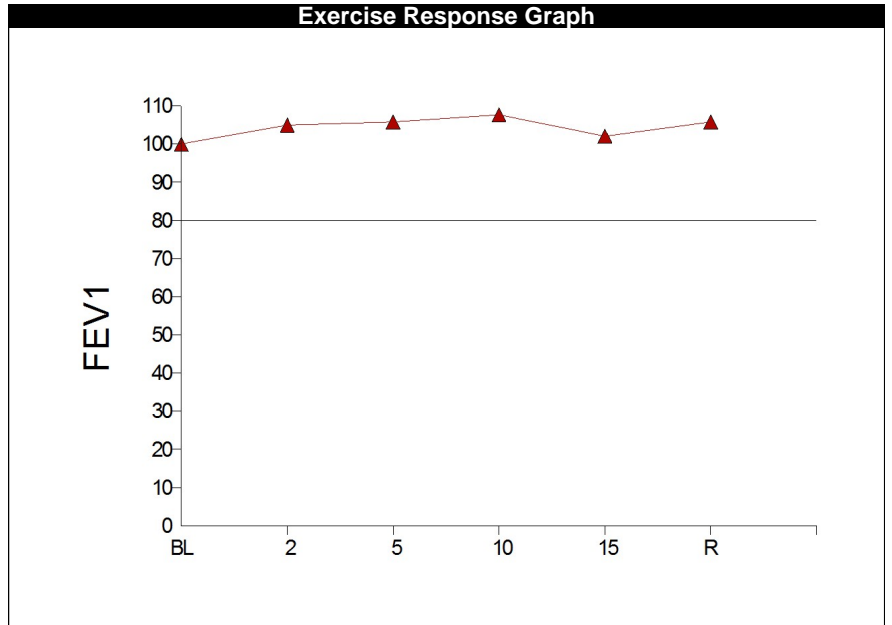
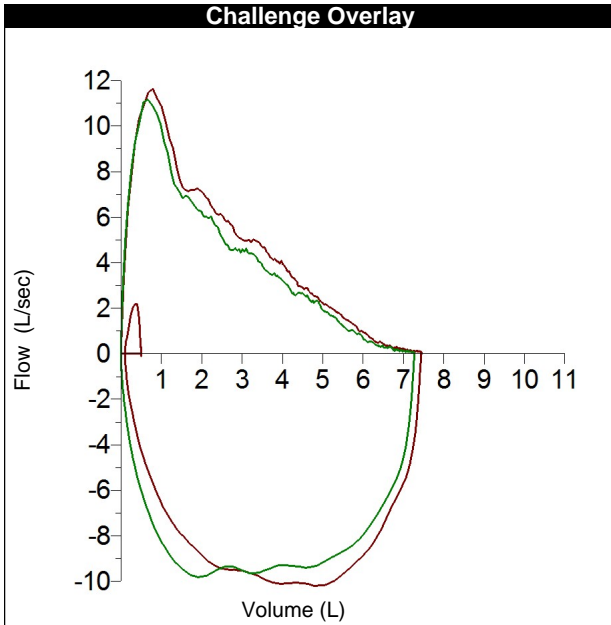
VE vs VO2



Post Exercise Challenge Data

Challenge Protocol = CHP EIA Protocol

	Pred = 4.87			Pred = 3.77			Pred = 78			Pred = ---		
	FVC	% Pred	% Chg	FEV1	% Pred	% Chg	FEV1/FVC	% Pred	% Chg	PEFR	% Pred	% Chg
Baseline	7.27	149	---	4.83	128	---	66	85	---	11.17	---	---
Post Treadmill	7.22	148	-1	5.07	134	5	70	90	6	11.58	---	4
12 min post exercise	7.11	146	-2	5.11	136	6	72	92	9	11.49	---	3
20 min post exercise	7.34	151	1	5.20	138	8	71	91	8	11.45	---	3
Post BD	7.45	153	2	5.11	136	6	69	88	5	11.64	---	4



Technologist Comments:

Bronchodilator used was Albuterol.

Physician Interpretation

Spirometry indicates possible obstructive pulmonary impairment. Obesity may limit exercise capacity. Aerobic capacity is normal. Anaerobic (ventilatory) threshold suggests normal cardiovascular conditioning. The 30 bpm reduction in heart rate at 2 minutes post-exercise indicates normal heart rate recovery. Normal breathing reserve indicates chest bellows capacity is not limiting. The subject's breathing pattern with respect to respiratory rate and tidal volume during exercise is normal. No significant oxygen desaturation is noted during exercise.

Colin Chapman

Colin D. Chapman, M.D.

Date Interp:

Time Interp: